

THE GENTLE MASTERY OF JESUS

WEEK A-14

MATTHEW 11:25-30

At that time Jesus **exclaimed**:

"I give **praise** to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones.

Yes, Father, such has been your **gracious will**.

All things have been handed over to me by my Father.

No one knows the Son except the Father,

and no one knows the Father except the Son

and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are **burdened**, and I will give you rest.

Take my **yoke** upon you and learn from me,

for I am meek and humble of heart;

and you will find rest for yourselves.

For my yoke is easy, and my burden light."



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1. UNDERSTAND IT!

Exclaimed	To say out loud something suddenly.
Praise	To honor.
Gracious Will	Good will.
Burdened	Hardship, worry, trouble.
Yoke	A wooden frame that is placed around the neck of animals to join or pair the animals together.

2. EXPLORE IT!

Jesus tells us He is the Son of God. He asks us to believe in Him and follow Him to do His Father's will. Jesus also asks us to pair with Him and to learn from Him because He is gentle and humble. When we are with Him, we will live a more peaceful life.



3. CONNEC IT!

In today's life, many people are lost, depressed, worried because of their illness, jobs, and challenges. Jesus always invite them to follow Him, pair with Him so He can help them carry their burdens. We need to remind ourselves that when we are sad to pair with Jesus, pray to Him, share with Him our burdens because Jesus will help us.

4. LIVE IT! [GENTLENESS]

Gentleness is being kind and tender.

This week, we learn from Jesus, to be kind and gentle to everyone. We will not say anything mean or disrespectful to others. Practice saying one kind thing to someone and write it here.

5. REMEMBER IT!

“FROM ME, FOR I AM MEEK AND HUMBLE OF HEART.”

(Matthew

6. PRAY IT!

Dear Jesus.
Please teach us to be like You in all our ways. Teach us kindness, gentleness, generosity, and to be giving, forgiving, loving and caring. Teach us to follow in Your humble footsteps.
Amen.

My child has completed the corresponding virtue for this week _____

Parent signature