

Leadership Training – Leading with Excellence Self-Discipline

THE POINT

God needs your best

THE POINT, UNWRAPPED

The effort we exert in practicing and training is important to our ministry as team leader

WHERE IN THE WORLD

1 Corinthians 9:24-25

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.

Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

TEAM BUILDING

Practice Makes Perfect

What Do You Do Well?

- It's time to show off: do a bizarre trick or talent you have. You know, demonstrate your double-jointed trick, fold your tongue lengthwise. Whatever.**

Now share with the team:

- If you could cultivate any talent, what would it be? Why?**
- Write here the things you do that require practice.**

TEAM STUDY

Spiritual Discipline Self-Assessment

Complete the assessment below and share with the team. This self assessment on spiritual disciplines is designed to reflect your current attitudes about the various disciplines. Some of these attitudes might change as you work through this guide for the first time. Reflect on each of the following spiritual disciplines. Some of these may be familiar to you, others may not. Some may excite you (those you have enjoyed in the past or anticipate enjoying in the future), while others may cause concern (those you found to be difficult or never viewed as beneficial). Please mark the column that reflects your first reaction to each discipline.

Spiritual Discipline	Excites	Concerns	Not Familiar
Mediation			

Prayer			
Fasting			
Study			
Reading the Bible			
Attend Worship Regularly			
Giving			
Service			
Confession			
Loving my family			
Guidance (being guided)			
Sharing my faith with others			
Finish homework and attending school			
Prayer			

DISCUSSION

Review 1 Corinthians 9:24-25, answer the questions below and share with the team.

1. Think about our list of activities that require practice. If the apostle Paul were sitting among you, what do you think he'd say about those activities?
2. What kind of practice and training do you need to pursue as a leader in our TNTT ministry?
3. What is one specific way you can pursue that practice and training this week?

SUMMARY

Our lives are filled with things that require hard work and practice. However, when it comes to our spiritual lives, we relax a little. Spiritual Discipline is often hard work behind the scenes. It is one thing to pray during mass, but it is a completely different thing to have the discipline to pray every morning. Serving in TNTT requires practice and discipline behind the scenes so that we can develop a relationship with God and lead with excellence.

VIETNAMESE WORDS

Excellence – sự xuất sắc, sự ưu tú; tính ưu tú

Discipline – kỷ luật

Practice – rèn luyện, sự luyện tập