

MORAL CONSCIENCE / LƯƠNG TÂM

THE POINT

Conscience is a call to love, and to do what is good.

THE POINT, UNWRAPPED

Explore:

How would a good conscience help you discover God's will in your life? And how would doing God's will enable you to live your fullest (freedom, growth, peace, and joy)?

WHERE IN THE WORD

Roman 2:12-16

For all who have sinned without the Law will also perish without the Law, and all who have sinned under the Law will be judged by the Law; for *it is* not the hearers of the Law *who* are just before God, but the doers of the Law will be justified. **For when Gentiles who do not have the Law do instinctively the things of the Law, these, not having the Law, are a law to themselves, in that they show the work of the Law written in their hearts, their conscience bearing witness and their thoughts alternately accusing or else defending them, on the day when, according to my gospel, God will judge the secrets of men through Christ Jesus.**

STUDYING OUR FAITH / Học Hỏi Đức Tin

Second Vatican Council's Decree on the Church had this to say: "In the depths of his conscience, man detects a law which he does not impose upon himself, but which holds him to obedience. Always summoning him to love and avoid evil, the voice of conscience can, when necessary, speak to his heart more specifically: do this, shun that. For man in his heart a law written by God. To obey it is the very dignity of man; according to it he will be judged."

CCC 1776: "Deep within his conscience man discovers a law which he has not laid upon himself but which he must obey. Its voice, ever calling him to love and to do what is good and to avoid evil, sounds in his heart at the right moment. . . . For man has in his heart a law inscribed by God. . . . His conscience is man's most secret core and his sanctuary. There he is alone with God whose voice echoes in his depths."

DISCUSSION / Thảo Luận

Discuss the following reasoning "a man killed another after a minor dispute, and then argued that his conscience told him to do so."

1. Is this a valid argument? Lập luận nào có đúng không?
2. Is he really following his conscience? Người đó có làm theo lương tâm không?

LIVING OUR FAITH / Sống Đức Tin

Reflect back on an incident where your conscience spoke to you, guiding you to act.

1. What did your conscience tell you to do?
2. Is it in accordance with what the Church teaches?
3. Did your action promote love and harmony?
4. Did you feel good afterward?

PRACTICING OUR FAITH / Huấn Luyện Đức Tin

- Conscience is ill-formed simply because they have never been taught right from wrong in a proper manner.
- Conscience, like all our other human faculties, must be disciplined and trained through time.
- There are also individuals in whom the voice of conscience has become distorted, or even silenced, because of habitual sin.

How can we train our conscience?

1. Through daily prayer, reflection on the Scripture, and spiritual reading.
2. Christian faithful ought carefully to attend to the sacred and certain doctrine of the Church. Read CCC 1776 – 1802.

http://www.vatican.va/archive/ccc_css/archive/catechism/p3s1c1a6.htm

1783 Conscience must be informed and moral judgment enlightened. A well-formed conscience is upright and truthful. It formulates its judgments according to reason, in conformity with the true good willed by the wisdom of the Creator. The education of conscience is indispensable for human beings who are subjected to negative influences and tempted by sin to prefer their own judgment and to reject authoritative teachings.

1784 The education of the conscience is a lifelong task. From the earliest years, it awakens the child to the knowledge and practice of the interior law recognized by conscience. Prudent education teaches virtue; it prevents or cures fear, selfishness and pride, resentment arising from guilt, and feelings of complacency, born of human weakness and faults. The education of the conscience guarantees freedom and engenders peace of heart.

1785 In the formation of conscience the Word of God is the light for our path, we must assimilate it in faith and prayer and put it into practice. We must also examine our conscience before the Lord's Cross. We are assisted by the gifts of the Holy Spirit, aided by the witness or advice of others and guided by the authoritative teaching of the Church.

PRAYER / Lời Nguyện - The Serenity Prayer



God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
as it is, not as I would have it;
Trusting that He will make all things right
if I surrender to His Will;
That I may be reasonably happy in this life
and supremely happy with Him
Forever in the next.
Amen.

--Reinhold Niebuhr

Trust in the LORD with all your heart
and lean not on your own understanding;
in all your ways acknowledge him,
and he will direct your paths.

Proverbs 3, 5-6

CATHOLIC COMMON PRAYER / KINH THƯỜNG DÙNG

THE POINT

Prayer connects us with God.

THE POINT, UNWRAPPED

"Prayer is the raising of one's mind and heart to God or the requesting of good things from God". St. John Damascene

WHERE IN THE WORD

Luke 22:39-46 – The Garden of Gethsemane

And He came out and proceeded as was His custom to the Mount of Olives; and the disciples also followed Him. When He arrived at the place, He said to them, "Pray that you may not enter into temptation." And He withdrew from them about a stone's throw, and He knelt down and *began* to pray, saying, "Father, if You are willing, remove this cup from Me; yet not My will, but Yours be done." Now an angel from heaven appeared to Him, strengthening Him. And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground. When He rose from prayer, He came to the disciples and found them sleeping from sorrow, and said to them, "Why are you sleeping? Get up and pray that you may not enter into temptation."

STUDYING OUR FAITH / Học Hỏi Đức Tin

CCC 2600 The Gospel according to St. Luke emphasizes the action of the Holy Spirit and the meaning of prayer in Christ's ministry. Jesus prays *before* the decisive moments of his mission: before his Father's witness to him during his baptism and Transfiguration, and before his own fulfillment of the Father's plan of love by his Passion. He also prays before the decisive moments involving the mission of his apostles: at his election and call of the Twelve, before Peter's confession of him as "the Christ of God," and again that the faith of the chief of the Apostles may not fail when tempted. Jesus' prayer before the events of salvation that the Father has asked him to fulfill is a humble and trusting commitment of his human will to the loving will of the Father.

CCC 2607 When Jesus prays he is already teaching us how to pray. His prayer to his Father is the theological path (the path of faith, hope, and charity) of our prayer to God. But the Gospel also gives us Jesus' explicit teaching on prayer. Like a wise teacher he takes hold of us where we are and leads us progressively toward the Father. Addressing the crowds following him, Jesus builds on what they already know of prayer from the Old Covenant and opens to them the newness of the coming Kingdom. Then he reveals this newness to them in parables. Finally, he will speak openly of the Father and the Holy Spirit to his disciples who will be the teachers of prayer in his Church.

Jesus teaches his disciples to pray with a pure heart, persevering faith and filial boldness. Humility is the foundation of prayer. The Gospel of Saint Luke contains parables illustrating that effective prayer is **patient, persistent, and humble.**

CCC 2613 Three principal parables on prayer are transmitted to us by St. Luke:

- The first, "the importunate friend," (Lk 11:5-13) invites us to urgent prayer: "Knock, and it will be opened to you." To the one who prays like this, the heavenly Father will "give whatever he needs," and above all the Holy Spirit who contains all gifts.
- The second, "the importunate widow," (Lk 18:1-8) is centered on one of the qualities of prayer: it is necessary to pray always without ceasing and with the patience of faith. "And yet, when the Son of Man comes, will he find faith on earth?"
- The third parable, "the Pharisee and the tax collector," (Lk 18:9-14) concerns the humility of the heart that prays. "God, be merciful to me a sinner!" The Church continues to make this prayer its own: *Kyrie eleison!*

The basic forms of prayer are:

1. Blessing and Adoration (praising God)
2. Prayer of Petition (asking for what we need, including forgiveness)
3. Prayer of Intercession (asking for what others need)
4. Prayer of Thanksgiving (for what God has given and done)

The tradition of the Roman Catholic Church presents **three principal expressions of prayer**:

Vocal Prayer

Meditation (a prayerful reflection that begins with the Word of God and engages thoughts, imagination, emotions and desire in order to deepen faith, convert the heart and strengthen the will to follow Christ)

Contemplative Prayer (a gift from God in which one experiences a simple gaze upon Him in silence and love).

DISCUSSION / Thảo Luận

In his book "The Way to Christ" Pope John Paul II warned against "mechanical prayer" and pointed out the need for self-reflection before prayer.

1. What did he mean "mechanical prayer"?
2. Have you pray mechanically in the past?
3. How can you refrain from "mechanical prayer"?

LIVING OUR FAITH / Sống Đức Tin

MORNING OFFERING

- **Sign of the Cross**
- **Morning Offering Prayer**
- **Prayer for Indulgences (Kính Ân Xá)**
(*For indulgence requirements*)
 - **The Our Father**
 - **The Hail Mary**
 - **The Apostles' Creed**
- **3 Hail Mary** for virtues of Faith, Hope, and Love and also asking Mary for the virtue of Chastity.
- **The Glory Be**
- **Act of Contrition (Kính Ăn Năn Tội)**
- **Spiritual Communion Prayer (Kính Rước Lễ Thiêng Liêng)**
- **Sign of the Cross**

NOON PRAYER

- Sign of the Cross
- The Angelus (Kinh Truyền Tin)
- Examination of Conscience (Kinh Xét Mình)
- Act of Contrition (Kinh Ăn Năn Tội)
- Spiritual Communion (Kinh Rước Lễ Thiêng Liêng)
- Sign of the Cross

NIGHT OFFERING

- Sign of the Cross
- Examination of Conscience (Kinh Xét Mình)
- Write Spiritual Journal if possible
- The Our Father
- 3 Hail Mary for the reparation of sins of yourself, of your relatives, and of the whole world.
- The Glory Be
- Act of Contrition (Kinh Ăn Năn Tội)
- Spiritual Communion (Kinh Rước Lễ Thiêng Liêng)
- Night Offering (Kinh Dâng Đêm)
- Dấu Thánh Giá – *Sign of the Cross*

CHIA SẺ LỜI CHÚA - SCRIPTURE SHARING

1. Dấu Thánh Giá (*Sign of the Cross*)
2. Kinh Truyền Tin (*The Angelus*)
3. Đọc Lời Chúa (*Scripture Reading - Select a reading*)
4. Chia Sẻ (*Reflection and suggested questions*)
5. Xét Mình (*Examination of Conscience*)
6. Kinh Ăn Năn Tội (*Act of Contrition*)
7. Rước Lễ Thiêng Liêng (*Spiritual Communion*)
8. Kinh Trước Bữa Ăn (Prayer before Meal) - If chia sẻ during Lunch and Dinner Hours
9. Dấu Thánh Giá (*Sign of the Cross*)

Catholic Common Prayers: <http://www.ewtn.com/devotionals/prayers/index.htm>

- **Kinh Rước Lễ Thiêng Liêng / Act of Spiritual Communion**
*Lạy Chúa Thánh Thể, con yêu mến Chúa, xin Chúa ngự vào tâm hồn con và ở lại với con luôn mãi.
Amen.*
- **Kinh Truyền Tin / The Angelus**
- *Đức Chúa Trời sai thánh thiên thần truyền tin cho rất thánh Đức Bà Maria
Và rất thánh Đức Bà chịu thai bởi phép Đức Chúa Thánh Thần.
Kính Mừng Maria Thánh Maria...
- *Này tôi là tôi tá Đức Chúa Trời
Tôi xin vâng như lời thánh thiên thần truyền.
Kính Mừng Maria Thánh Maria...**

- *Chốc ấy Ngôi thứ Hai xuống thế làm người
Và ở cùng chúng tôi.*

Kính Mừng Maria..... Thánh Maria...

- *Lạy rất thánh Đức Mẹ Chúa Trời, xin cầu cho chúng tôi
Đáng chịu lấy những sự Chúa Kitô đã hứa.*

Lạy Chúa, chúng con xin Chúa ban ơn xuống trong linh hồn chúng con là kẻ đã nhờ lời thánh thiên thần truyền, mà biết thật Chúa Kitô là Con Chúa, đã xuống thế làm người, thì xin vì công ơn Chúa chịu nạn, chịu chết trên cây Thánh Giá, cho chúng con ngày sau, khi sống lại được đến nơi vinh hiển, cũng vì công nghiệp Chúa Kitô là Chúa chúng ta. Amen.

- **Kinh Dâng Ngày / Morning Offering**

Lạy Trái Tim Cực Thánh Đức Chúa Giêsu. Con nhờ Trái Tim Cực Sạch Đức Bà Maria mà dâng cho trái tim Chúa mọi lời con cầu xin, mọi việc con làm, mọi sự khó con chịu trong ngày hôm nay. Cho được đền vì tội lỗi con và cầu nguyện theo ý Chúa. Khi dâng mình tế lễ trên bàn thờ, con lại dâng các sự ấy cho Trái Tim Chúa có ý cầu nguyện cách riêng theo ý Đức Giáo Hoàng. Amen.

- **Kinh Dâng Đêm / Evening Prayer**

Trời đã xế chiều, Giêsu ơi con nhờ tay Mẹ Maria, mà dâng lên Chúa, dâng chúc lời cảm ơn, dâng trót cả xác hồn. Các việc con làm, các lời con xin, cùng với mọi khó nguy con chịu trót một ngày qua. Cùng với bóng chiều tà, Giêsu Maria, con hòa ca, dâng về nơi bao la. Chúa ban phép lành, một đêm ngủ an bình, hồn trong xác tươi xinh.

- **Kinh Ân Xá / Indulgences**

Lạy Chúa, xin cho con được hưởng nhờ các ân xá, bởi những việc lành con sẽ làm trong ngày hôm nay, hoặc những ân xá nào có thể chỉ cho các linh hồn nơi luyện ngục, thì xin Chúa cũng ban cho các linh hồn ấy.

Kinh Tin Kính / Apostle's Creed

Tôi tin kính Đức Chúa Trời là Cha phép tắc vô cùng dựng nên trời đất.

Tôi tin kính Đức Chúa Giêsu Kitô là Con Một Đức Chúa Cha cùng là Chúa chúng tôi; bởi phép Đức Chúa Thánh Thần mà Người xuống thai, sinh bởi Bà Maria đồng trinh; chịu nạn đời quan Phong-xi-ô Philatô, chịu đóng đinh trên cây Thánh-giá, chết và táng xác; xuống ngục tổ tông, ngày thứ ba bởi trong kẻ chết mà sống lại; lên trời ngự bên hữu Đức Chúa Cha phép tắc vô cùng; ngày sau bởi trời lại xuống phán xét kẻ sống và kẻ chết.

Tôi tin kính Đức Chúa Thánh Thần. Tôi tin có Hội Thánh hằng có ở khắp thế này, các thánh thông công. Tôi tin phép tha tội. Tôi tin xác loài người ngày sau sống lại. Tôi tin hằng sống vậy. Amen.

Kinh Xét Minh / Act of Examination

Lạy Chúa là sự sáng linh hồn con, xin soi sáng cho con được biết mọi tội con đã phạm trong ngày hôm nay, hoặc lo, hoặc nói, hoặc làm điều gì lỗi nghĩa cùng Chúa. Con lại xin Chúa vì công nghiệp Đức Chúa Giêsu ban ơn cho con được ăn năn ghét tội cùng dốc lòng chữa thật. Amen.

Kinh Ăn Năn Tội / Act of Contrition

Lạy Chúa con, Chúa là Đấng trọn tốt trọn lành vô cùng. Chúa đã dựng nên con, và cho Con Chúa ra đời chịu nạn chịu chết vì con, mà con đã cả lòng phản nghịch lỗi nghĩa cùng Chúa, thì con lo buồn đau đớn, cùng chê ghét mọi tội con trên hết mọi sự; con dốc lòng chữa cải, và nhờ ơn Chúa thì con sẽ lánh xa dịp tội cùng làm việc đền tội cho xứng. Amen.

Kinh Đức Chúa Thánh Thần / Come, Holy Spirit

Chúng con lạy ơn Đức Chúa Thánh Thần thiêng liêng sáng láng vô cùng. Chúng con xin Đức Chúa Thánh Thần xuống, đầy lòng chúng con là kẻ tin cậy Đức Chúa Trời, và đốt lửa kính mến Đức Chúa Trời trong lòng chúng con; chúng con xin Đức Chúa Trời cho Đức Chúa Thánh Thần xuống.

- Sửa lại mọi sự trong ngoài chúng con.

Chúng con cầu cùng Đức Chúa Trời xưa đã cho Đức Chúa Thánh Thần xuống soi lòng dạy dỗ các Thánh Tông Đồ, thì rầy chúng con cũng xin Đức Chúa Trời cho Đức Chúa Thánh Thần lại xuống, yên ủi dạy dỗ chúng con làm những việc lành, vì công nghiệp vô cùng Đức Chúa Giêsu Kitô là Chúa chúng con. Amen.

Kinh Lay Nữ Vương / Hail Holy Queen

Lạy Nữ Vương Mẹ nhân lành làm cho chúng con được sống, được vui, được cậy. Thân lạy Mẹ, chúng con, con cháu E-và ở chốn khách đầy, kêu đến cùng Bà; Chúng con ở nơi khóc lóc than thở kêu khẩn Bà thương. Hỡi ôi! Bà là Chúa bầu chúng con, xin ghé mắt thương xem chúng con. Đến sau khỏi đầy, xin cho chúng con được thấy Đức Chúa Giêsu, Con lòng Bà gồm phúc lạ.

Ôi khoan thay! nhân thay! dịu thay! Thánh Maria trọn đời đồng trinh. Amen.

Kinh CámƠn

Con cảm ơn Đức Chúa Trời là Chúa lòng lành vô cùng chẳng bỏ con, chẳng để con không đời đời, mà lại sinh ra con, cho con được làm người, cùng hằng gìn giữ con, hằng che chở con, lại cho Ngôi Hai xuống thế làm người, chuộc tội chịu chết trên cây Thánh Giá vì con, lại cho con được đạo thánh Đức Chúa Trời, cùng chịu nhiều ơn nhiều phép Hội Thánh nữa, và đã cho phần xác con đêm nay (tối thì đọc: ngày hôm nay) được mọi sự lành; lại cứu lấy con kéo phải chết tươi ăn năn tội chẳng kịp. Vậy các Thánh ở trên nước thiên đàng cảm ơn Đức Chúa Trời thế nào, thì con cũng hợp cùng các Thánh mà dâng cho Chúa con cùng cảm ơn như vậy. Amen.

Kinh Trông Cậy / Act of Hope

Chúng con trông cậy rất thánh Đức Mẹ Chúa Trời, xin chớ chê chớ bỏ lời chúng con nguyện trong cơn gian nan thiếu thốn, Đức Nữ đồng trinh, hiển vinh sáng láng.

- Hằng chữa chúng con cho khỏi mọi sự dữ. Amen.

Kinh Phó Dâng

Lạy Chúa con, con xin phó dâng linh hồn và xác con ở tay Chúa con. Chúa đã phù hộ con ban ngày, thì xin Chúa cũng gìn giữ con ban đêm, kéo sa phạm tội gì mất lòng Chúa hay là chết tươi ăn năn tội chẳng kịp. Chớ gì sống chết con được giữ một lòng kính mến Chúa luôn. Amen.

Kinh Lay Chúa Con

Lạy Chúa con, Chúa con đã phán dạy rằng, bay hãy xin thì bay sẽ được. Vậy con xin Chúa con lòng lành vô cùng thương đến các linh hồn nơi lửa luyện tội. Xin Chúa con nghe lời con cầu xin kêu van, cho linh hồn ông bà, cha mẹ, anh em, bạn hữu con. Xin Chúa con mở cửa thiên đàng cho các linh hồn ấy vào. Xin cho các linh hồn ấy được sự sống vô cùng hằng soi cho liên.

Amen

Kinh Sáng Soi

Cúi xin Chúa sáng soi, cho chúng con được biết việc phải làm, cùng khi làm, xin Chúa giúp đỡ cho mỗi kinh mỗi việc chúng con, từ khởi sự cho đến hoàn thành, đều nhờ bởi ơn Chúa. Amen.

Leadership Training – Leading with Excellence Self-Discipline

THE POINT

God needs your best

THE POINT, UNWRAPPED

The effort we exert in practicing and training is important to our ministry as team leader

WHERE IN THE WORLD

1 Corinthians 9:24-25

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.

Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.

TEAM BUILDING

Practice Makes Perfect

What Do You Do Well?

- It's time to show off: do a bizarre trick or talent you have. You know, demonstrate your double-jointed trick, fold your tongue lengthwise. Whatever.**

Now share with the team:

- If you could cultivate any talent, what would it be? Why?**
- Write here the things you do that require practice.**

TEAM STUDY

Spiritual Discipline Self-Assessment

Complete the assessment below and share with the team. This self assessment on spiritual disciplines is designed to reflect your current attitudes about the various disciplines. Some of these attitudes might change as you work through this guide for the first time. Reflect on each of the following spiritual disciplines. Some of these may be familiar to you, others may not. Some may excite you (those you have enjoyed in the past or anticipate enjoying in the future), while others may cause concern (those you found to be difficult or never viewed as beneficial). Please mark the column that reflects your first reaction to each discipline.

Spiritual Discipline	Excites	Concerns	Not Familiar
Mediation			

Prayer			
Fasting			
Study			
Reading the Bible			
Attend Worship Regularly			
Giving			
Service			
Confession			
Loving my family			
Guidance (being guided)			
Sharing my faith with others			
Finish homework and attending school			
Prayer			

DISCUSSION

Review 1 Corinthians 9:24-25, answer the questions below and share with the team.

1. Think about our list of activities that require practice. If the apostle Paul were sitting among you, what do you think he'd say about those activities?
2. What kind of practice and training do you need to pursue as a leader in our TNTT ministry?
3. What is one specific way you can pursue that practice and training this week?

SUMMARY

Our lives are filled with things that require hard work and practice. However, when it comes to our spiritual lives, we relax a little. Spiritual Discipline is often hard work behind the scenes. It is one thing to pray during mass, but it is a completely different thing to have the discipline to pray every morning. Serving in TNTT requires practice and discipline behind the scenes so that we can develop a relationship with God and lead with excellence.

VIETNAMESE WORDS

Excellence – sự xuất sắc, sự ưu tú; tính ưu tú

Discipline – kỷ luật

Practice – rèn luyện, sự luyện tập

Leadership Training – Leading with Excellence Self-Confidence

GOD RELIES ON ME?

Lea

THE POINT

God relies on you to bring others to Him. Yes! He needs you. Believe in yourself! As imperfect as you are, He chooses you.

THE POINT, UNWRAPPED

Though not outspoken, not outstanding, not scholarly, nor even in the transfiguration, also called, "Simon Peter's brother" (Jn.1:40).

But he was the first disciple to be selected by Jesus.

WHERE IN THE WORLD

Matthew 4, 18. ¹⁸As Jesus was walking beside the Sea of Galilee, he saw two brothers, Simon called Peter and his brother Andrew. They were casting a net into the lake, for they were fishermen. John 1, 35-40.

³⁵The next day John was there again with two of his disciples. ³⁶When he saw Jesus passing by, he said, "Look, the Lamb of God!"

³⁷When the two disciples heard him say this, they followed Jesus. ³⁸Turning around, Jesus saw them following and asked, "What do you want?"

They said, "Rabbi" (which means Teacher), "where are you staying?"

³⁹"Come," he replied, "and you will see."

So they went and saw where he was staying, and spent that day with him. It was about the tenth hour.

⁴⁰Andrew, Simon Peter's brother, was one of the two who heard what John had said and who had followed Jesus.

DISCUSSION

Would you be an Andrew for Jesus? Where do you see yourself as the leader in the stories below?

I. ANDREW SPENDS THE NIGHT WITH JESUS (see Jn.1:35).

Andrew had a friend in the Lord.

II. ANDREW BRINGS HIS BROTHER TO JESUS (see Jn. 1:41).

Compare Luke 5:3.

III. ANDREW BRINGS A LAD TO JESUS (Jn. 6:8-9) see also vv.5-7.

Phillip was involved in the sense that he tried to calculate how all of the people would be fed.

IV. ANDREW BRINGS GENTILES TO JESUS

Jn.12:20-32. Some people only wanted to bring certain types of people to Jesus.

V. ANDREW IS ON THE MOUNT OF OLIVES WITH JESUS

Mk. 13:1-3

VI. ANDREW IS IN THE UPPER ROOM WITH JESUS

He is carrying out Jesus' commands. (Acts 1:13-14).

TEAM BUILDING

Connect! Connect!

Everyone gets in a circle and stand together by group to form small circles. The facilitator yells -connect connect|| or -nối kết nối kết|| and everyone replies -to what to what|| or -kết chi kết chil.

The facilitator yells out two appropriate body parts on the human body (i.e, shoulder, knee, elbow, hip, fingers, ears, etc...). Once the two body parts are announced, each group strives to connect the two locations together as soon as they can. First team connects correctly wins. The connection is either clockwise or counter-clockwise (facilitator decides). The name of the first location is the point connecting to the second location.

The body parts that are called can represent our imperfections; however, God has a plan for those imperfections. Perhaps with the right combination to another piece of imperfection (negative + negative = positive) and teamwork (all disciples, not one), these imperfections can transform to perfection (i.e., complete connection, complete apostolic service).

TEAM STUDY

Read the passages listed below. For each passage, write the excuse/s the leader gave for not serving God and God's response/s to them.

Verses	Excuses	God's Responses
Exodus 3:10-15		
Judges 6:14-16		

Jeremiah 1:1-4; 2:1; 7-3-1		
Luke 5:4-11		
<p>Your Excuses and Fears. <i>List your fears, concerns, worries, or excuses as they relate to being a Knight of Eucharist Leader.</i></p>		
<p>God's response is "I will be with you!"</p>		

SUMMARY

Leading others in Christ is a huge responsibility. At times we feel as though we are not worthy of such task. We think we are not spiritual enough, not perfect enough, and often, not talented enough; however, the Bible reminds us that Andrew too was also imperfect as we are; yet, he was selected as the very first disciple of Christ.

He heard John the Baptist speaking, Jn1:40, and told his brother Simon Peter –we have found the Messiah!, and he took him to Jesus. These two brothers, both fishermen, were first called to be –fishers of men!. Mt4:18.

As you can see, they were LOOKING for Him and He accepted them, even though they were only fishermen. This story tells us that we too should be reaching out to Jesus and God will use each and every one of us in a special way to accomplish His tasks here on earth. God wants us to confide our doubts in him and trust him as He trusts us as leaders. Do not be afraid.

Con chính con đây
 Con được Chúa kêu mời
 Con chính con đây
 Con là tông đồ của Chúa
 Con chính con đây
 Con được ngài sai đi
 Đi khắp muôn nơi, đem tin mừng cho muôn người

VIETNAMESE WORDS

Responsibility – trách nhiệm

Spiritual – thiêng liêng, thánh thiện

Confide – phó thác, giao phó

Trust – tin cậy, tín nhiệm

Leadership Training - The Self-Esteem of a Knight of Eucharist Team Leader – Attitude Check

THE POINT

God never asked us to make ourselves look good, He asked us to be –real.

THE POINT, UNWRAPPED

The more –real you are, the less you have to think about how good you are.
The stronger you get, the more you become aware of your weaknesses.
The better you look, the less you care about who is looking at you.
The more self-esteem you have, the less self-conscious you'll be.

WHERE IN THE WORD

Luke 9:23-25

"If any man will come after me, let him deny himself, and take up his cross daily, and follow me. For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it. For what is a man advantaged, if he gain the whole world, and lose himself, or be cast away".

Jeremiah 9:23

²³ This is what the LORD says:
"Let not the wise man boast of his wisdom
or the strong man boast of his strength
or the rich man boast of his riches,

²⁴ but let him who boasts boast about this:
that he understands and knows me,
that I am the LORD, who exercises kindness,
justice and righteousness on earth,
for in these I delight,"
declares the LORD.

DISCUSSION

1. What do you think God meant by –For whosoever will save his life shall lose it?
2. Have there been instances when you boasted but were unaware of it (at the time)?
3. What do you think it means to –gain the whole world, and lose [yourself]?

TEAM BUILDING

Attitude Labels

Prepare adhesive labels for each student and write an attribute on each label. The attributes should represent positive and negative attitudes: hot-tempered, rude, poor loser, kind, considerate, confident, open-minded, etc. Try to assign the labels so they do not actually match the students own attributes.

No one is allowed to look at his/her own label. Students must stick the label on their own foreheads.

Then give everyone ~10 minutes to walk around the room as many times as they can. Everyone should treat each person according to his/her label.

Finally, tell students that they can now remove their labels. Then discuss questions such as the following:

1. How did people treat you?
2. Was the label what you guessed, or were you surprised by it?
3. Did the treatment from others make you want to change your behaviour?
4. If your attribute was positive, how did you feel?

Discuss with students how they can be aware of their own attitudes based on how others react to them. Explain to them that often times other people are more aware your own attitude and self-esteem, and your attitudes affect how others treat you, whether they respond to you, or want to work with you.

TEAM STUDY

Complete the Attitude Checklist on the next page. Discuss the results of the checklist with your team.

Were you surprised by any of your own answers?

Were you surprised by the checklist of your teammates?

Which of your attitudes do you need to change in order to be a good leader?

What is your plan for making such a change?

SUMMARY

Our actions and attitudes play a large role in defining who we are and how others react to us. As a leader, we need to continually reflect on our attitudes and determine if they are healthy for us and for those we lead. We need to recognize that leaders need to have high self-esteem and confidence. A low self-esteem often comes from comparing ourselves to others and trying to be better than they are. A poor attitude usually results from trying to appear as something that we

are not. True self-esteem and good attitudes are a result of understanding your abilities and finding a role in the world; by asking -how can we use what God has given us to serve others?||

Attitude Checklist

	No	Sometimes	Yes
General Appearance			
1. I am happy with my looks.	_____	_____	_____
2. I am happy with my physical health.	_____	_____	_____
3. I am happy with my height.	_____	_____	_____
4. I am happy with my weight.	_____	_____	_____
5. I am neat in appearance.	_____	_____	_____
Emotional Characteristics			
1. I -act up when things do not go my way.	_____	_____	_____
2. I easily feel -down.	_____	_____	_____
3. I get sulky or angry when I lose a game.	_____	_____	_____
4. I easily feel sorry for myself.	_____	_____	_____
5. I cry or get angry over small things.	_____	_____	_____
6. I swear at others or call them names.	_____	_____	_____
Manners			
1. I am courteous to others.	_____	_____	_____
2. I am considerate of the feelings of others.	_____	_____	_____
3. I am courteous to members of my family.	_____	_____	_____
4. I listen when others are talking and do not interrupt.	_____	_____	_____
Parental Relationships			
1. I talk with my parents.	_____	_____	_____
2. I listen when my parents talk.	_____	_____	_____
3. My parents listen to my point of view.	_____	_____	_____
General Style of Behavior			
1. I am shy.	_____	_____	_____
2. I have a need to seek attention.	_____	_____	_____
3. I am the -bossy type.	_____	_____	_____
4. I let others push me around.	_____	_____	_____
5. I daydream when I am supposed to be paying attention.	_____	_____	_____
6. I enjoy teasing and upsetting others.	_____	_____	_____
Character Traits			
1. I am reliable and follow up on my promises.	_____	_____	_____
2. I am honest.	_____	_____	_____
3. I respect the opinions and beliefs of others.	_____	_____	_____

4. I respect the property of others.
5. I take the initiative to make new friends.
6. I expect to be treated with respect by others.
7. I take responsibility for my actions.

_____	_____
_____	_____
_____	_____
_____	_____

VIETNAMESE WORDS

A

Attitude – thái độ, điệu bộ

Respect – kính trọng, tôn trọng,

Positive – quả quyết, khẳng định, chắc chắn, tích cực

Emotion – sự cảm động, sự xúc động, sự xúc cảm

Characters – tính nết, tính cách; cá tính, chí khí, nghị

lực **Manner** – dáng, vẻ, bộ dạng, thái độ, cử chỉ

Initiative – bước đầu, sự khởi đầu, sự khởi xướng

Behavior – thái độ, cách cư xử

